

PRESS RELEASE

FOR IMMEDIATE RELEASE: December 16, 2013

EAGLE ENERGY TRUST CONFIRMS DECEMBER 2013 DISTRIBUTION

Calgary, Alberta – December 16, 2013 – **Eagle Energy Trust** (**TSX: EGL.UN**) confirms its December 2013 distribution. The cash distribution to be paid on January 23, 2014, in respect of the period from and including December 1, 2013 to December 31, 2013, for unitholders of record on December 31, 2013 will be \$0.0875 per trust unit. The ex-distribution date is December 27, 2013.

The annualized distribution of \$1.05 per trust unit represents a cash-on-cash yield of approximately 14.2% based on the closing price of our trust units on the Toronto Stock Exchange on December 13, 2013 of \$7.41¹.

About Eagle Energy Trust

Eagle is an oil and gas energy trust created to provide investors with a publicly traded, oil and natural gas focused, reliable distribution paying investment, with favourable tax treatment relative to taxable Canadian corporations.

All material information pertaining to Eagle Energy Trust may be found under Eagle's issuer's profile at www.sedar.com or on Eagle's website at www.EagleEnergyTrust.com.

For further information on Eagle Energy Trust please contact:

Richard W. Clark, President and Chief Executive Officer 403.531.1575

Kelly Tomyn, Chief Financial Officer 403.531.1574

info@EagleEnergyTrust.com

Unlike fixed income securities, Eagle has no obligation to distribute any fixed amount and reductions in, or suspension of, cash distributions may occur that would reduce future yield.